

First Education & School Travel

We provide a joined up, one-stop shop service for schools planning residential and day visits. Our programmes are safe & secure and deliver high quality learning opportunities bringing together all aspects required in your planning. Course content is designed to deliver measurable outcomes that enhance learning when back in the classroom and we aim to ensure that each trip provides a cost effective, high quality experience that will inspire and excite pupils and which will prove to be beneficial in promoting personal development.



This special all-inclusive price is open to schools in the following regions:*

North West England, North East England

*Schools outside these regions are welcome to contact us to check availability and to discuss costs.

Book before 1st September 2013 to receive a further £200 reduction

Availability & How to Book

This fixed price programme is available at this special all-inclusive price during November & December 2013, and January and February 2014. (Min group size 24 pupils + staff). To make a booking, call or email us with your details. Visit our brand new fully interactive website for more information...

www.firsteducationandschooltravel.co.uk

Introduce another group to First Education to make further savings on your next trip...

Providers for all seasons

We deliver many great programmes outside of the high-season, higher cost periods. We provide the same great activities, course content and quality accommodation for considerably less. Travelling during the low-season months provides a real value for money alternative that aims to address the tighter budgets of both schools and parents alike. We believe that by providing a low-season option, trips taken during these months will ultimately prove to be more inclusive and have a higher pupil take-up.

Who are we?

First Education and School Travel is part of the FirstGroup of companies, the UK's largest surface passenger transport company, carrying 2.7 million passengers every day.

Derwentwater Independent Youth Hostel

A family run, not for profit registered charity whose main aim is to provide residential facilities for children and young people to experience educational and outdoor activities in the stunning Lake District. (previously a YHA hostel for 50 years).



Glaramara

A long-established outdoor activity provider based in Borrowdale. Renowned for qualified and experienced activity instructors, Specialists in providing outdoor activities which are enjoyable and safe and delivered in a challenging environment.

Classrooms in the Forest

Our aim is to enable pupils to connect with the natural environment through forestry, to understand the associated biology and the green issues that occur and to act positively using this knowledge both now and in the future.

Low season **First** 
Lake District
Outdoor Adventure & Environmental Studies
for Key Stage 2 & 3. PHSE, Geography/History, P.E. Science and Environmental Studies



£129
per student

Price includes travel

Travel inclusive 2 night/3 day full board activity package



Glaramara

Classrooms in the Forest

Outdoor Adventure & Environmental Studies

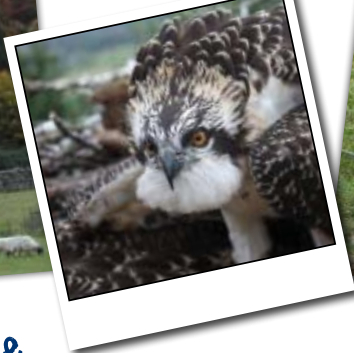
Set in the beautiful Lake District National Park
A 3 day/2 night KS2 & 3 Residential visit

Derwentwater Independent Youth Hostel, Borrowdale.
88 beds

- A high quality outdoor learning experience meeting National Curriculum standards in P.E. PHSE, Geography, Science and Environmental Studies
- Activities promote team working and self confidence, and encourage effective participation
- Delivered in an inspiring Lake District environment
- Activities delivered by qualified and experienced staff
- The advertised price per participant is fully-inclusive with no hidden extras
- One free leader place for every 12 paying pupils
- All activities are fully risk assessed with copies available
- Low season visits mean more choice, more available dates and even greater value for money
- The Centre, its grounds and all activities are fully risk assessed with copies available

Taking your trip during the low season does not restrict the range of activities available to you. All content is highly flexible with poor weather alternatives in place just in case...

Quality Badge awarded by



A Typical Programme

Arrive approx 12.00 noon

Day 1: Explore Cumbria's Rainforest: Trees hung with lichens and rooted in moss. Learn about the woodlands and lakes of this very special area through environmental games, team building and associated activities.

Or

Experience and observe the flora and fauna of a Lakeland valley. Find out about the mammals and birds that make their habitats in this very special location. From Ospreys to Red Squirrels to the smaller creatures that live just outside of the door.

Evening activities could include:

Osprey's Return – a presentation telling the story of The Lake District Osprey Project and the return of these magnificent birds to England.

Starry Night – A short night walk, looking at the major constellations.

Dark Trail – A night string trail, using our senses to move through the dark as quietly as animals.

The Eyes Have it – interactive activities and clay modelling to find out how creatures see in the dark.



What's included?

Return travel, 2 nights full board accommodation, all activities and materials for the programme. Plus a free overnight planning visit for staff.

Day 2: Outdoor Adventure Day to include some of the following activities:

- Lakeland Hillwalk
- Ghyll Scramble
- Orienteering at Whinlatter Forest Park
- Climbing or Abseiling
- Problem solving

Evening: Team Challenges: Fun 'Team related' evening activity (outdoor or indoor).

Day 3: Navigate from Lakeside to Fellside and discover Borrowdale – a dynamic valley shaped by fire, ice, weather and tenacious people. Walk, scramble, and wade your way into a living landscape.

Depart approx 1pm



How does it work?

Call **First Education & School Travel** on **0844 854 2561** to check availability and discuss appropriate content. We then provide support throughout your planning arranging all travel, accommodation, meals and any special requirements your group may have. We also provide copies of risk assessments, licensing public liability insurance and even advice on what to bring!

**For more information
Call: 0844 854 2561**

Email: school.travel@firstgroup.com
Visit: www.firsteducationandschooltravel.co.uk