

YHA GRADBACH MILL

P.E. OUTDOOR ADVENTURE

2 NIGHT/3 DAYS KEY STAGE 2 & 3 P.E. & PLTS

Address:

Gradbach, Quarnford, Buxton,
Derbyshire SK17 0SU

Description of the hostel:

100 beds. A converted mill set in it's own expansive grounds in a quiet valley within the Peak District National Park.

from just

€129

per pupil

This action packed team building programme guides the group through a series of challenges closely linked to PLTS curricular themes. The flexible nature of the activities offered can be tailored to the age and abilities of each group.

Activities include:

Archery: Learn how to shoot a traditional longbow

GPS Trails: 2 courses; a short introductory course set within the grounds, and a longer course set in local woodland

Low Ropes Course: Team challenges with various roped obstacles

Rocket Building & Launch: Work together to design the most aerodynamic vessel and watch it fly

Mountain Rescue Stretcher Challenge: The group are tasked with carrying a stretcher & casualty (not a real child) across a challenging course. Their aim is to work together to make decisions and to communicate effectively so as not to drop their casualty.

Guided walks: Exploring parts of the Dane Valley and Back Forest taking in local landmarks and hearing local myths.

There are also many wet weather alternatives and evening activity sessions designed to get the teams working in harmony encouraging successful outcomes through effective communication.

What's included?

Return travel, 2 nights full board accommodation, all activities and materials for the programme plus a free overnight planning visit.

P.E Adventure course also available at:
3, 5, 6, 10, 11, 12, 13, 14 & 20

Email: school.travel@firstgroup.com

Tel: 0844 854 2561