

FSC Castle Head An LOTC Accredited Centre

Two new **ALL-INCLUSIVE** programmes for 2015/2016

Choose from...

Habitats & Conservation

Conservation skills, bush craft, team work, problem-solving skills, working with others to meet challenges, environmental understanding, personal responsibility, investigating habitats and fun... this option could be used as a starting point for achieving the John Muir Award (contact Castle Head for more information). Using the local environment to discover and explore local habitats. Activities include a night trail, conservation work, bush craft, and a local hike. **Support for the John Muir Award and/or activity resources provided for the visiting staff to lead their own session on the second evening.**

Exploring Landscapes

Geographical enquiry skills, team work, problem-solving skills, working with others to meet challenges, environmental understanding, personal responsibility, experiencing outdoor environments and fun... designed to help geographical enquiry skills, map skills and environmental measurements with a focus on rivers or glaciated uplands. This option also includes team activities such as problem solving, low ropes and orienteering. **Support and resources provided for the visiting staff to lead their own session on the second evening.**



How to make a booking?

Call First Education & School Travel on 01282 688160 to check availability. We work in partnership with FSC Castle Head to manage ALL aspects of your trip planning. This special all-inclusive price is available for visits taken between 1st November & 28th February. Arrival days Mondays, Wednesdays and Fridays. **Minimum numbers: 24 pupils + staff.**

Who are we?

First Education & School Travel is part of the FirstGroup of companies, the UK's largest surface passenger transport company. Our Schools and Education team offer a range of fully-inclusive, one-stop shop residential visits for schools and groups.

The Field Studies Council is an environmental education charity committed to helping people understand and be inspired by the natural world. There are 17 FSC venues across the UK.

This special all-inclusive offer is open to schools in the following regions*: North West England, North East England, Yorkshire & Humberside.

Schools outside of these regions are welcome to contact us to check availability and to discuss costs

Call **First Education & School Travel** on **01282 688160** for more information.

First Education & School Travel and FSC Castle Head present...

Eco-Explorer

for Key Stage 2 & 3



From **£139** per pupil

Price includes travel

ALL-INCLUSIVE activity package delivered in stunning South Lakeland

LOW SEASON – GREAT VALUE

Spaces available
1st November - 28th February



Supporting resources are provided for school staff to undertake their own evening follow up, with access to John Muir resources if required, and an opportunity to share some of the day's findings.



also be the option to investigate a rural settlement. Supporting resources are provided for school staff to undertake their own evening follow up work with an opportunity to share some of the day's findings.



Day 3: Building on day 2 a morning of bush craft: fire lighting and den building.

*This option could be used as a starting point for achieving the John Muir Award. Please contact us for more information.

Day 3: A morning in the Centre grounds taking on the low ropes challenge and/or some bush craft activities.

FSC Castle Head

Grange-over-Sands, Cumbria

An LOTC Accredited Centre

3 days/2 nights Low-season

Residential Visit

Itinerary 1

Habitats and Conservation*

Day 1: An afternoon of orienteering and nature detectives followed by a night trail.

Day 2: A morning exploring a variety of habitats in South Lakeland such as woodlands, limestone pavements, grasslands and salt marsh followed by an afternoon of local conservation work.



Itinerary 2

Exploring Landscapes

Day 1: An afternoon and evening focusing on developing map skills through orienteering and a night walk.

Day 2: Exploring glaciated landscapes or river processes in South Lakeland using a variety of geographical techniques and discussions. There will



What's included?

Travel – Accommodation – Meals – Activities

Both these fantastic packages include 2 night's full board accommodation, return travel from school and one of the following programmes plus all equipment including waterproofs.



For more information

Call First Education & School
Travel on: 01282 688160

Email: school.travel@firstgroup.com

Visit: www.firsteducationandschooltravel.co.uk